

Polished.

COMMUNICATIONS. PROFESSIONAL DEVELOPMENT.

NANCY SCHNOEBELEN IMBS

Inspirational Speaker and Storyteller



Nancy Schnoebelen Imbs says anything is possible if you believe in yourself. All it takes is a clear vision, hard work, determination, and perseverance. She knows because her life and career experiences have helped shape her personal and professional success.

A sought-after speaker, Nancy's talks are engaging, knowledgeable, and humorous. She loves to empower others and share her message of strength, confidence, attitude, empathy, vulnerability, and humor with professionals.

Nancy recognizes life is a journey where we're all touched with challenging obstacles and detours – but no dead ends. She speaks to groups large and small and can customize a presentation that motivates, educates, and entertains your participants at your next conference, meeting, or special event.

Sample Speaking Topics

Kindness is Underrated

Simple words like "thank you" or "great job," or "I love your style" are easy to say, yet so often go unsaid. In a world where we tip toe around political correctness, we lose – or don't even recognize – the power of kindness and its impact on others and ourselves. Paying someone a compliment or patting them on the back creates more good than you know. Nancy will share real-life situations we face every day where simple acts of kindness can help elevate professional presence, and teamwork, and ignite others in the same way.

If I Can Do It, You Can Do It!

No one is immune to life's challenges and messes. Overcoming obstacles in life not only makes you stronger, but they also make you wiser. Most anything is achievable if you put your mind to it. Face your challenges head-on and watch yourself succeed! Nancy's inspirational talk will share how her challenges didn't derail her, rather they made her more successful. You'll leave feeling empowered to embrace your short-and long-term goals with determination, confidence, and proven strategies to enhance success.

What It Takes to Be Superhuman

No matter your background, we all have the same basic needs and, often, aspirations, but

it is how we use our soft skills, our "smart skills," that ultimately define our success. The power of self-awareness and empathy are the cornerstones of leadership – and emotional intelligence. Nancy will share how *your* people skills can make you the superhuman others will want to become.

My Sister, Mary. Different is Good

People tend to be uncomfortable with anyone different. They'll look for a second and then look away. Imagine how that would make you feel as a child. Imagine how that would make you feel as a sibling. Imagine how that would make you feel as a parent. Growing up with a developmentally delayed sister generated a lot of mixed feelings. It also shaped me to see the remarkableness in my sister, Mary, and learn how different is good! Nancy will provide an inspirational talk that will help all embrace one's differences in mind and body in the workplace.

Yes. Maybe. I Mean No!

Why is it as women, we have a hard time saying no? It's easy to say but difficult to do. Is it because we're too nice and don't want to seem rude? Is it because we have this strong desire to be liked? Is it because we've been socialized to value other people's needs and feelings – more than our own? Learning to use your "no muscle" not only builds character and strength but it also puts you in charge. Nancy will share a proven formula to help you say no while you and others feel good and respected.

“Our organization contracted Polished for our annual national sales kickoff meeting. Nancy is a joy to partner with through the entire beginning to end process; the content planning, the tactical and logistical coordination, and the execution and delivery of the training program. Nancy is highly engaged and responsive throughout the entire process and is truly committed to impacting the organization through her leadership and development programs. Nancy is very receptive to creativity, input, and suggestions and provides exceptional thought leadership while determining the right program to suite each organization’s needs. I highly recommend Nancy for her professionalism, expertise, and above-and-beyond commitment to mutual excellence.”

**– Katrina Silliman
Employer Services Program Management
Equifax**

“Nancy presented, “Gaining that Competitive Edge: Essential Soft Skills for Success” at our state conference. Feedback from attendees included comments such as, “excellent presentation,” “informative,” “inspiring,” “motivating, Nancy was a great presenter!
It is my pleasure to recommend Nancy to other organizations. She definitely left our members wanting more.”

– **Dana Hoffman**
President
Educational Office Professionals of Ohio

“Our Bethesda Women’s Board had not met in two years due to the pandemic. Our first time back had to be very special, and Nancy definitely delivered. She presented on the topic of “Grit,” an uplifting and motivational presentation of finding your passion and drive no matter your age or stage in life. She was funny, witty, and insightful and our board was fully engaged. Nancy was easy to work with and took the time to understand my audience and craft a purposeful presentation. I would wholeheartedly recommend Nancy to any organization or company looking for a unique and sincere speaker.”

– **Linda Sanders**
Corporate Vice President
Bethesda Health Group Foundation